Fluoride is already in our food and beverages.

Intended goal of fluoridation: Delivery of 1 milligram (mg) fluoride per day

Intended range of concentration in fluoridated water: 0.7 to 1.2 ppm
(Note: 1 mg (milligram)/Liter = 1ppm (parts per million))

### Fluoride Concentration, by specific independent analysis:
(Individual samples will vary)

- Coca Cola Classic: 0.98 ppm
- Diet Coke: 1.12 ppm
- Sprite: 0.72 ppm
- Lucerne 2% Milk: 0.72 ppm
- Minute Maid orange juice: 0.98 ppm
- Gerber Graduate Berry Juice: 3.0 ppm
- Gerber White Grape Juice: 6.8 ppm
- Welch’s White Grape Juice (concentrate): 1.8 ppm
- Hawaiian Punch: 0.85 ppm
- Fruit Loops: 2.1 ppm
- General Mill’s Wheaties: 10.1 ppm
- Kellogg’s Shredded Wheat: 9.4 ppm
- Post’s GrapeNuts cereal: 6.4 ppm

### Maximum allowable pesticide residue levels:
Cryolite (sodium aluminum fluoride)

- Cabbage: 45.00 ppm
- Citrus fruits: 95.00 ppm
- Collards: 35.00 ppm
- Eggplant: 30.00 ppm
- Lettuce, head: 180.00 ppm
- Lettuce, leaf: 40.00 ppm
- Peaches: 10.00 ppm
- Potatoes, internal: 2.00 ppm
- Potatoes, wastes and skin: 22.00 ppm
- Raisins: 55.00 ppm
- Tomatoes: 30.00 ppm
- Tomato paste: 45.00 ppm

There is no deficiency of exposure to fluoride for any segment of our population.

A bowl of Wheaties, a glass of milk, and a Coke or orange juice delivers twice the fluoride salesman’s daily goal of fluoridation.

<table>
<thead>
<tr>
<th>ITEM</th>
<th>FLUORIDE PPM</th>
<th>DOSE (MG)</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 oz. Coke</td>
<td>.98</td>
<td>.353</td>
</tr>
<tr>
<td>8 oz. 2% Milk</td>
<td>.72</td>
<td>.173</td>
</tr>
<tr>
<td>Wheaties</td>
<td>10</td>
<td>1.80</td>
</tr>
<tr>
<td>TOTAL DOSE</td>
<td></td>
<td>2.326</td>
</tr>
</tbody>
</table>

Exceeds 1.0 mg.

Fluoridation Goal

233%